Form 4

Revision No.: 2021-01-06

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * GOULD MATTHEW J	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 60 CUTTER MILL ROAD, SUITE 303	3. Date of Earliest Transaction (Month 01/06/2022		Officer (give title below) Chairman of Board				
(Street) GREAT NECK, NY 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing Form filed by One Reporting P Form filed by More than One B	erson			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/	Execution Date, if	3. Transaction Code (Instr. 8)		4. Securities Acquired (Instr. 3, 4 and 5)	(D)	5. Amount of Securities	Ownership	7. Nature of Indirect Beneficial Ownership	
	Day/ Year)	any (Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	01/06/2021		Α		10,670 (1)	A	\$ 0	284,352	D	
Common Stock								14,194 ⁽²⁾	I	By Gould Shenfeld Family Foundation
Common Stock								4,169 ⁽³⁾	I	By BRT Apartments Corp. Pension Trust
Common Stock								1,893,912.215 (4)	I	By Gould Investors L.P.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(Instr. 3) or Exercis	Day/ Year)	Execution Date, if any	4. Transactio Code (Instr. 8)		Derivative Securities	6. Date Exercisa Expiration Date (Month/ Day/ Ye		Unde		Derivative Security	Securities	Ownership Form of	Beneficial
Price of Derivative Security		(Month/ Day/ Year)	Code	V	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	(Instr. 5)	Owned Following Reported Transaction(s)	Direct (D) or Indirect	(Instr. 4)

Explanation of Responses:

- These shares were issued as restricted stock effective January 6, 2021 under the issuer's 2019 Incentive Plan. Subject to the reporting person's continued relationship with the Company, the shares vest January 5, 2026. The award is exempt from Section 16(b) under Rule 16b-3(d)(1).
- Reporting person is a trustee of the Gould Shenfeld Family Foundation.
- 3. Reporting person is a trustee of the BRT Apartments Corp. Pension Trust, which owns these shares.
- These shares are owned by Gould Investors L.P., Reporting person is the chairman of the corporate managing general partner of Gould Investors L.P., and he holds limited partnership interests in Gould Investors L.P. These shares represent all of the shares of issuer owned by Gould Investors L.P., including shares in which he does not have a pecuniary interest. Includes shares obtained through the issuer's dividend reinvestment plan.

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/s/ Matthew J. Gould	01/08/2021
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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