UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 22, 2019

ONE LIBERTY PROPERTIES, INC.

(Exact name of Registrant as specified in charter)

Maryland	001-09279	13-3147497
(State or other jurisdiction	(Commission file No.)	(IRS Employer
of incorporation)		I.D. No.)
60 Cutter Mill Road, Suite 303, Great Neck,	New York	11021
(Address of principal executive office	es)	(Zip code)

Registrant's telephone number, including area code: 516-466-3100

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock	OLP	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405) of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

□ Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial standards provided pursuant to Section 13(a) of the Exchange Act.

Item 7.01 Regulation FD Disclosure.

Certain of our executive officers will be meeting with analysts and other persons and may provide such persons with copies of, or discuss the information set forth in, the attached presentation.

Pursuant to Regulation FD, we hereby furnish the information contained in the presentation materials attached as Exhibit 99.1 to this Current Report on Form 8-K.

The information in this Current Report on Form 8-K under this Item 7.01, as well as Exhibit 99.1, shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing. The furnishing of this Report is not intended to constitute a determination by us that the information is material or that the dissemination of the information is required by Regulation FD.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description of Exhibit
99.1	Presentation – November 2019

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 22, 2019

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish

David W. Kalish, Senior Vice President and Chief Financial Officer



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SAFE HARBOR

The statements in this presentation, including targets and assumptions, state the Company's and management's hopes, intentions, beliefs, expectations or projections of the future and are forward-looking statements. It is important to note that the Company's actual results could differ materially from those projected in such forward-looking statements. Factors that could cause actual results to differ materially from current expectations include the key assumptions contained within this presentation, general economic conditions, local real estate conditions, increases in interest rates, tenant defaults, non-renewals and/or bankruptcies, and increases in operating costs and real estate taxes. Additional information concerning factors that could cause actual results to differ materially from those forward-looking statements is contained in the Company's SEC filings, and in particular the sections of such documents captioned "Risk Factors" and "Management's Discussion and Analysis of Financial Condition and Results of Operations". Copies of the SEC filings may be obtained from the Company or the SEC. The Company does not undertake to publicly update or revise any forward-looking statements, included in this presentation, whether as a result of new information, future events or otherwise.

UBERTY PROPERTIES, INC.

COMPANY OVERVIEW

- Fundamentals focused real estate company
- Disciplined track record over various economic cycles
- Active net lease strategy emphasis on industrial properties

ONE LIBERTY PROPERTIES, INC.

- Experienced management team
- Alignment of interests significant insider ownership

Patrick J. Callan, Jr. President & CEO	 Chief Executive Officer since 2008, President since 2006, Director since 2002 Senior Vice President of First Washington Realty Inc. from 2004 to 2005. A joint venture with CaIPERS that controlled 100 shopping centers (13 million square feet) which was sold for \$2.6 billion to Regency Centers/Macquarie Vice President of Kimco Realty Corporation (NYSE: KIM) from 1998 to 2004, joined in 1987. Responsible for a \$3 billion, 200+ shopping center portfolio
Lawrence G. Ricketts, Jr. COO & EVP	 Chief Operating Officer since 2008 and Executive Vice President since 2006 Over \$2.5 billion of transaction experience in acquisitions, dispositions and financings
David W. Kalish, CPA SVP & CFO	 Senior Vice President and Chief Financial Officer since 1990 Senior Vice President, Finance of BRT Apartments Corp. (NYSE: BRT) since 1998 and Senior Vice President and Chief Financial Officer of the managing general partner of Gould Investors L.P. since 1990
Matthew J. Gould Chairman	 Chairman of the Board since June 2013 and Vice Chairman from 2011 through 2013. President and Chief Executive Officer from 1989 to 1999; Senior Vice President from 1999 to 2011 Senior Vice President of BRT Apartments Corp. (NYSE: BRT) since 1993 and Director since 2004 Chairman of the managing general partner of Gould Investors L.P. since January 2013 and President and CEO from 1997 to 2012
Fredric H. Gould Vice Chairman	 Vice Chairman of the Board since June 2013. Chairman of the Board from 1989 to 2013 Chairman of BRT Apartments Corp. (NYSE: BRT) from 1984 to April 2013 and Director since 1984 Chairman Emeritus of the managing general partner of Gould Investors L.P. since January 2013 and Chairman from 1997 to 2013 Director of EastGroup Properties, Inc. (NYSE: EGP) from 1998 to 2019

ATTRACTIVE PORTFOLIO FUNDAMENTALS

Total Square Footage	10.5 M	
Number of Properties	126	
Current Occupancy	96.5 %	
Contractual Rental income ⁽²⁾	\$72.7 M	Transcendia – Greenville, SC
Lease Term Remaining	6.7 Years	
 Information presented as of September 30, 2019, including four proper unconsolidated joint ventures Our contractual rental income represents, after giving effect to any a adjustments, the base rent payable to us for the 12 months ending Sep leases in effect at September 30, 2019 and excludes approximately [a] rent; (b) \$729,000 of amortization of intangibles; (c) \$420,000 of contra our Philadelphia, PA property as the tenant advised if intends to cease \$125,000 of contractual rental income from our Houston, TX property w 2019. In addition, we have included our \$1.6 million share of the base i unconsolidated joint ventures for the 12 months ending September 30, 	batements, concessions or otember 30, 2020 under (§ 5681,000 of stracight-line ctual rental income from operations; and (iv) hich was sold in October rent payable to our	The Men's Wearhouse – Bakersfield, CA

PORTFOLIO DETAIL

			\sim
Type of Property	Number of Properties	Contractual Rental Income	% of Contractual Rental Income
Industrial	42	\$35,236,171	48.5%
Retail – General	37	15,289,030	21.0
– Furniture	14	6,227,331	8.6
– Supermarket	3	2,458,515	3.4
- Office Supply	5	1,972,685	2.7
Restaurants	17	3,533,075	4.9
Health & Fitness	3	3,181,671	4.4
Theater	2(1)	2,559,211 ^[2]	3.5
Other ⁽³⁾	3	2,241,622	3.0
	126	\$72,699,311	100.0%

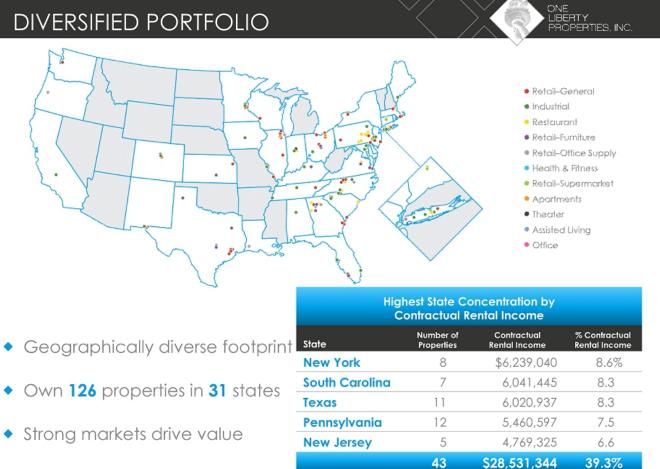
(1) Though we have three theaters, one is part of a multi-tenant shopping center property in Manahawkin, NJ and is therefore excluded from this column

(2) The contractual rental income associated with the theater in Manahawkin, NJ is included

(3) Other is comprised of ground leases of apartment complexes, an assisted living facility, and an office

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DIVERSIFIED PORTFOLIO



DIVERSIFIED TENANT BASE

Top Tenants	Number of Locations	Contractual Rental Income	% of Contractual Rental Income	
Haverty Furniture Companies, Inc. (NYSE: HVT)	11	\$ 4,842,846	6.7%	
LA Fitness International, LLC	3	3,181,671	4.4	
Northern Tool & Equipment	1	2,894,809	4.0	
L3 Technologies, Inc. (NYSE: LHX)	1	2,652,630	3.6	
Regal Entertainment Group	3	2,559,211	3.5	
	19	\$16,131,167	22.2%	
HAVERTYS' LAIFITNESS.				

TOOL + EQUIPMENT

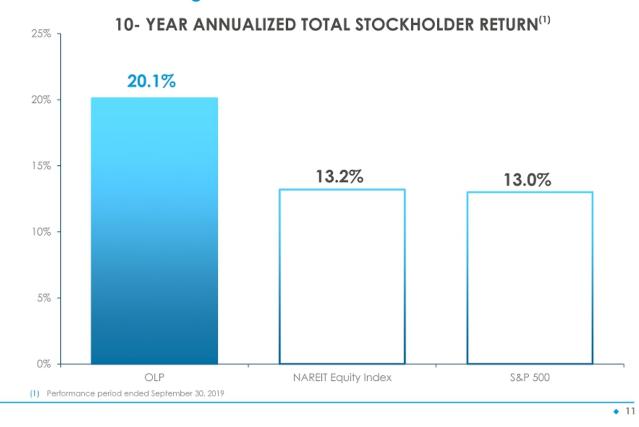


ONE LIBERTY PROPERTIES, INC.

Technologies

FINANCIAL SUMMARY

Market Cap ⁽¹⁾	\$540.4M	the second secon
Shares Outstanding ⁽¹⁾	19.9M	
Insider Ownership ⁽²⁾	21.4 %	
Current Annualized Dividend	\$1.80	Applied Control Equipment – Denver, CO
Dividend Yield ¹²⁾	6.6%	
 Market cap is calculated using the shares outstanding and the closing at November 19, 2019 Calculated as of November 19, 2019 	OLP stock price of \$27.12	Campania International / U.S. Tape – Philadelphia, PA



Consistent driver of long-term stockholder value

GROWTH IN OPERATIONS⁽¹⁾

Historical FFO Per Share⁽²⁾



(1) For the years ended December 31

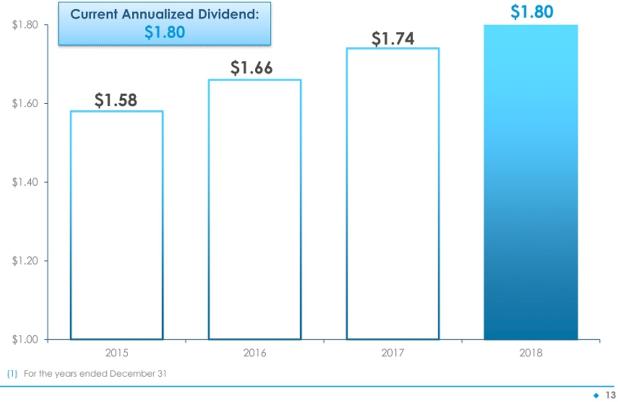
(2) A reconciliation of net income per diluted share, as determined in accordance with GAAP, to FFO per diluted share and AFFO per diluted share, may be found at the end of this presentation

(3) FFO includes lease termination fees of \$2.9 million or \$0.17 per share in 2015 and \$372,000 or \$0.02 per share in 2018

(4) Impacting the changes in the FFO and AFFO payout ratio are distributions of capital gains from property sales, which gains are excluded from the calculation of FFO and AFFO

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GROWTH IN OPERATIONS⁽¹⁾



DIVIDEND PER SHARE

GROWTH ORIENTED BALANCE SHEET AS AT SEPTEMBER 30, 2019

Gross Assets(1)	\$918.6 M
Total Debt/Gross Assets ⁽²⁾	51.2%
Fixed Rate Debt	95.9%
Debt Service Coverage Ratio	2.1 to 1.0
Fixed Charge Coverage Ratio	1.8 to 1.0
AFFO Payout Ratio	92.5 %

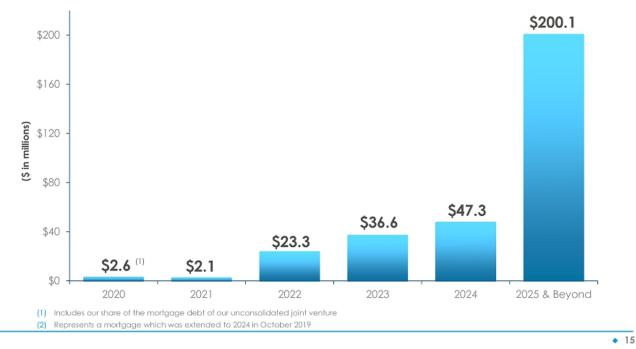
- Liquidity available to acquire in excess of an estimated \$150.0 million of properties as of November 20, 2019
- \$77.4 million available as of November 20, 2019 on Line of Credit
- (1) Gross assets represent total assets plus accumulated depreciation of \$133.5 million
- (2) Total debt includes our share (i.e. \$11.7 million) of debt of our unconsolidated joint venture
- (3) Calculated in accordance with the terms of our credit facility

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MORTGAGE DEBT MATURITIES AS AT SEPTEMBER 30, 2019 (1)

- Weighted average interest rate of 4.25% on fixed rate debt
- There is approximately **\$13.4 million** (\$0.67 per share) of scheduled amortization of mortgages for the twelve months ending September 30, 2020

ONE LIBERTY <u>PROP</u>ERTIES, INC.



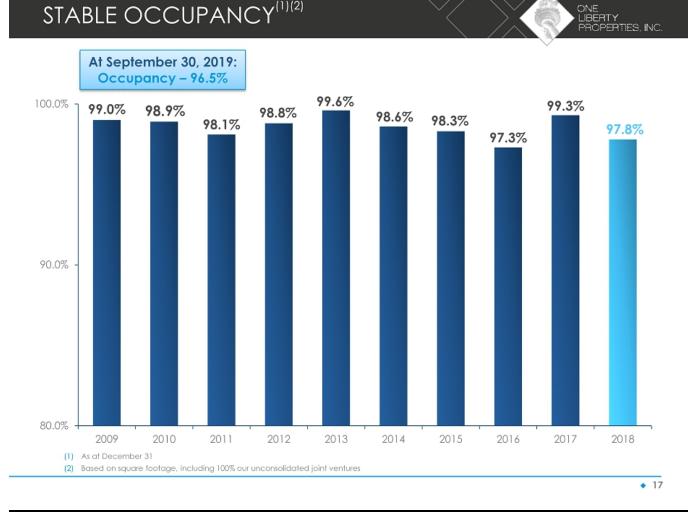
BALLOON PAYMENTS DUE FOR THE TWELVE MONTHS ENDING SEPTEMBER 30,

LEASE MATURITY PROFILE

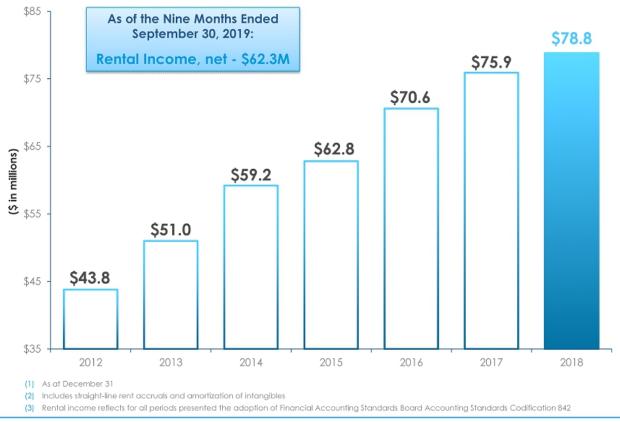
12 Months Ending September 30,	Number of Expiring Leases	Contractual Rental Income Under Expiring Leases	% of Contractual Rental Income Represented by Expiring Leases	Approximate Square Feet Subject to Expiring Leases
2020	7	\$ 575,835	0.8%	57,702
2021	20	2,670,795	3.7	390,504
2022	26	14,258,342	19.6	2,166,932
2023	22	5,277,473	7.3	815,567
2024	30	9,260,469	12.7	1,252,261
2025	14	6,048,258	8.3	573,652
2026	9	3,563,273	4.9	232,589
2027	11	6,324,356	8.7	988,417
2028	10	4,870,256	6.7	741,871
2029	8	4,720,074	6.5	950,529
2030 & Beyond	26	15,130,180	20.8	1,860,902
	183	\$72,699,311	100.0%	10,030,926

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STABLE OCCUPANCY⁽¹⁾⁽²⁾



STRONG RENTAL INCOME GROWTH⁽¹⁾⁽²⁾⁽³⁾



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ACQUISITION TRACK RECORD

- Current acquisitions of \$49.3 million through November 20, 2019
- Current pipeline of diverse opportunities in excess of \$225.0 million



RECENT ACQUISITIONS

-

						×		
Date Acquired	Property Type	Tenant (or d/b/a)	MSA	State	Current Lease Expiration	Purchase Price (in '000s)	Yield ⁽¹⁾	Financing purchase (in '000s)
10/23/19	Industrial	The Door Mill	Phoenix	AZ	06/30/24	\$ 3,000	7.3%	All cash
10/03/19	Industrial	Cosentino North America	Savannah	GA	03/31/29	\$ 6,400	7.2%	All cash
09/13/19	Industrial	Continental Hydraulics	Minneapolis	MN	02/28/33	\$ 8,000	7.3%	All cash
07/24/19	Industrial	Nissan North America, Inc.	Troup County	GA	12/31/28	\$ 5,200	6.6%	All cash
06/26/19	Industrial	International Flora Technologies	Phoenix	AZ	06/30/29	\$ 8,650	7.4%	All cash
06/18/19	Industrial	Betz Mechanical Supply / Philly Motors	Philadelphia	PA	05/31/24 - 09/17/28	\$ 6,200	7.6%	All cash
05/30/19	Industrial	Echo, Inc.	Chicago	IL	01/31/24	\$ 3,800	7.8%	All cash
05/30/19	Industrial	Zwanenberg Food Group / Metro Carpets	Nashville	τN	03/31/23 - 10/31/24	\$ 8,000	7.0%	All cash
12/21/18	Industrial	Transcendia, Inc.	Greenville	SC	09/30/23	\$ 6,830	6.8%	All cash
12/11/18	Industrial	Dufresne Spencer Group Holdings	St. Louis	мо	12/31/23	\$10,000	7.2%	All cash
12/06/18	Industrial	Men's Wearhouse	Kern County	CA	02/29/24	\$10,850	8.1%	All cash
11/28/18	Industrial	21st Century Cabinetry / Novacart, Inc.	Moorestown	IJ	09/30/27- 11/30/23	\$13,498	8.5%	All cash
11/01/18	Industrial	Xerimis, Inc.	Moorestown	NJ	02/29/28	\$ 7,350	8.0%	All cash
10/19/18	Industrial	Applied Control Equipment	Denver	со	10/18/30	\$12,800	8.3%	All cash

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RECENT DISPOSITIONS

Date Sold	Date Acquired	Property Type	Tenant (or d/b/a)	MSA	State	Gross Sales Price (in '000s)	Net Gain (Loss) (in '000s)
10/21/19	06/30/98	Retail	Aaron's Inc.	Houston	TX	\$ 1,675	\$ 218
08/29/19	08/02/16	Other	The Briarbrook Apartments	Wheaton	IL	\$12,035	\$1,499
08/23/19	05/19/04	Office Supply	Office Depot / JoAnn Stores	Athens	GA	\$ 6,050	\$1,045
06/20/19	03/22/13	Retail	K-Mart	Winston-Salem	NC	\$ 5,500	\$1,099 ⁽¹⁾
12/13/18	03/31/15	Retail	Shopko	Lincoln	NE	\$10,000	(\$1,731)
09/14/18	03/24/15	Other	The Meadows Apartments	Lake County	IL	\$ 8,459	\$4,585
07/31/18	08/13/04	Industrial	Caterpillar Mining	Milwaukee	WI	\$13,275	\$3,973 ⁽²⁾
04/05/18	09/27/06	Retail	K-Mart	Savannah	GA	\$ 2,800	\$ 141 ⁽³⁾
01/30/18	11/13/12	Retail	Shopping Center	Houston	TX	\$ 9,200	\$2,408 ⁽⁴⁾

[1] Represents 100% of the gain on the sale of a property owned by a consolidated joint venture in which we had an 90% interest. Our share of the gain was \$677,000.

[2] Represents 100% of the gain on the sale of property held by an unconsolidated joint venture in which we have a 50% interest. Our share of the gain was \$2.0 million. (3) Represents 100% of the gain on the sale of a building and a portion of land held by an unconsolidated joint venture in which we have a 50% interest. Our share of the gain was \$71,000.

[4] Represents 100% of the gain on the sale of a property owned by a consolidated joint venture in which we had an 85% interest. Our share of the gain was \$1.6 million.

RECENT MORTGAGES

					\sim		
Date Financed	Property Type	Tenant (or d/b/a)	MSA	State	Amount (in '000s)	Mortgage Maturity	Interes Rate
10/29/19	Industrial	Nissan North America, Inc.	Troup County	GA	\$ 3,200	12/01/28	4.00%
10/11/19(1)	Industrial	Mitsubishi Electric Power Products	New York	NY	\$ 2,599	09/10/24	3.49%
10/03/19	Industrial	International Flora Technologies	Phoenix	AZ	\$ 5,190	11/01/30	4.10%
09/04/19	Industrial	Betz Mechanical Supply / Philly Motors	Philadelphia	PA	\$ 4,075	10/01/29	4.05%
07/01/19	Industrial	Zwanenberg Food Group / Metro Carpets	Nashville	TN	\$ 5,200	08/01/29	3.95%
03/14/19	Industrial	Dufresne Spencer Group Holdings	St. Louis	МО	\$ 6,400	04/01/24	4.50%
03/06/19	Industrial	Applied Control Equipment	Denver	со	\$ 8,320	04/01/31	4.90%
02/11/19	Industrial	21st Century Cabinetry / Novacart	Moorestown	NJ	\$ 8,825	03/01/29	4.64%
11/20/18	Industrial	Xerimis	Moorestown	NJ	\$ 4,000	12/01/28	4.53%
10/31/18(1)	Industrial	L3 Technologies	Hauppauge	NY	\$26,870	11/01/33	4.35%
09/07/18	Industrial	Plymouth Industries	Minneapolis	MN	\$ 3,325	10/01/33	4.46%
07/26/18	Industrial	Campania International / U.S. Tape	Philadelphia	PA	\$ 8,238	08/01/29	4.65%
07/26/18	Industrial	Cedar Graphics / Monarch Metals	Ronkonkoma	NY	\$ 5,750	08/01/28	4.55%

(1) These mortgages were refinanced or extended

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ACQUISITION CASE STUDY – INDUSTRIAL ZWANENBERG FOOD & METRO CARPET

- In May 2019, acquired a two tenant industrial warehouse facility in Nashville, TN.
- The 99,500 SF property is net leased to Zwanenberg Food Group and Metro Carpets.
- The infill property is well located within the Nashville metro, approximately 2.5 miles from both the airport and the downtown area.
- The building has frontage on Elm Hill Pike, a major thoroughfare of Nashville.
- The 24' clear concrete masonry building was built in 1974. It features 16 loading docks.
- Zwanenberg recently expanded within the building committing through March 2023.
- Metro Carpets owns the adjacent building and recently extended their lease through October 2024.
- Both leases feature ~3% annual increases.

Purchase Price	\$ 8,000,000				
Mortgage ⁽¹⁾	(5,200,000)				
Net Equity Invested	\$ 2,800,000				
Year 1 Base Rent Interest Expense – 3.95% ⁽¹⁾	\$ 530,000 (204,000)				
Net Cash to OLP	\$ 326,000				
Return on Equity	11.64 %				



(1) Mortgage with an interest rate of 3.95% closed in July 2019

ACQUISITION CASE STUDY – INDUSTRIAL DUFRESNE SPENCER GROUP

- In December 2018, acquired a single tenant industrial warehouse facility in St. Louis, MO.
- The 119,680 SF property is net leased to Dufresne Spencer Group, the largest Ashley Furniture franchisee.
- The property is well located in Green Park, approximately 10 miles from downtown St. Louis, with excellent access to Interstate 55 and Interstate 270.
- The 38' clear tilt wall construction warehouse was built in 2008 and features modern industrial amenities.
- The tenant operates over 40 Ashley Furniture stores in 9 states. The subject facility services 6 stores located in St. Louis.
- The base rent increases by 10% in the option period which begins in 2023.

Purchase Price	\$1	\$10,000,000				
Mortgage ⁽¹⁾	(6,400,000)					
Net Equity Invested	\$	3,600,000				
Year 1 Base Rent	\$	720,000				
Interest Expense – 4.50% ⁽¹⁾		(285,100)				
Net Cash to OLP	\$	434,900				
Return on Equity		12.08%				



(1) Mortgage with an interest rate of 4.50% closed in March 2019

ACQUISITION CASE STUDY – INDUSTRIAL 21st CENTURY & NOVACART

- In November 2018, acquired a two tenant industrial warehouse facility in Moorestown, NJ.
- The 219,881 SF property is net leased to 21st Century Cabinetry (86.8%) and Novacart, Inc. (13.2%).
- The 24' clear warehouse was built in 1974 and underwent a \$1.25 million renovation in 2017.
- 21st Century Cabinetry is a kitchen cabinet distributor which recently expanded from 135,000 SF to 190,991 SF in the subject facility.
- Novacart is a manufacturer and designer of paper products for the baking industry.
- 21st Century's and Novacart's annual base rent increases by 2% and 2.5%, respectively.

Purchase Price	\$1	3,498,000
Mortgage ⁽¹⁾	(8,825,000)
Net Equity Invested	\$	4,673,000
Year 1 Base Rent	\$	1,012,800
Interest Expense – 4.64% ⁽¹⁾		(412,400)
Net Cash to OLP	\$	600,400
Return on Equity		12.85 %



(1) Mortgage with an interest rate of 4.64% closed in February 2019

DISPOSITION CASE STUDY -INDUSTRIAL

- In August 2004, acquired a 50% interest in a net leased manufacturing campus in South Milwaukee, WI leased to Bucyrus International, Inc. for \$6.25 million.
 - » 10 miles south of downtown Milwaukee
 - » The 27.5 acre campus features 750,000 SF of warehouse, manufacturing and office space.
- Financed the property in January 2005 for \$8.1 million and refinanced the property in February 2015 pulling out \$1.2 million.
- In July 2011, Bucyrus International was purchased by Caterpillar Inc. for \$7.6 billion.
- From 2016-2018 the tenant phased out operations at the subject property. The tenant will vacate the property at lease expiration in January 2022.
- Property was sold in July 2018 for \$12.8 million, net of closing costs, resulting in a gain to OLP of \$2.0 million.

Internal Rate of Return to OLP	13.83%
Gross Sales Price (50% interest)	6,637,500
Purchase Price (50% interest)	\$ 6,250,000



Caterpillar Mining - South Milwaukee, WI

BLEND & EXTEND CASE STUDY – L3 TECHNOLOGIES

- In December 2000, acquired a 149,870 SF flex warehouse located in Hauppauge, NY for \$13.65 million.
- The property has been continuously occupied by L3 Technologies, Inc. (NYSE: LHX).
- In May 2008, sold 5 acres of excess land for \$3.2 million.
- In September 2018, completed a 51,744 SF expansion of the building.
- Simultaneously with the expansion, the tenant extended the lease on the entire 201,614 SF building for 15 years, adjusting the annual NNN rent to \$12.84/SF increasing annually by 2.5%
- The total expansion cost was \$7,760,00 and the return on cost of the expansion is ~10.50%.

Loan Refinance Terms:

Mortgage Amount:	\$26,870,000
Interest Rate:	4.35%
Loan Term:	15 years
Amortization:	20 Years



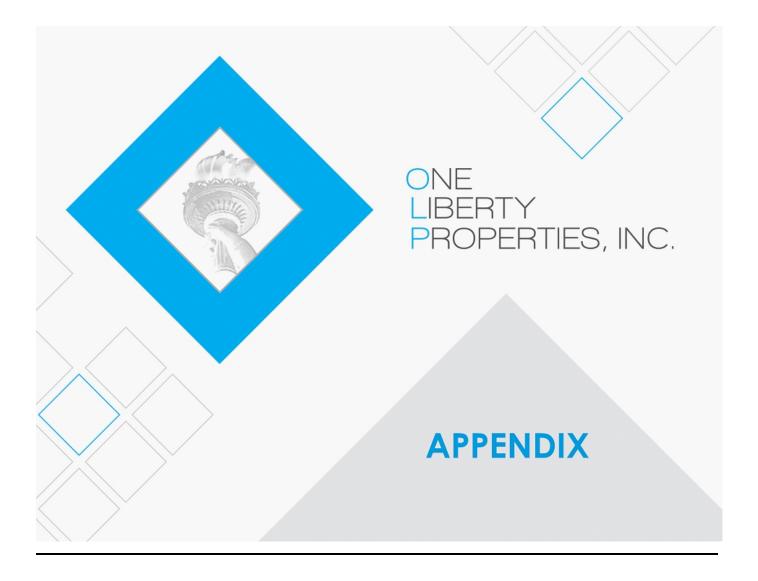
L3 Technologies, Inc. – Hauppauge, NY

SUMMARY - WHY OLP?

- Fundamentals focused real estate company
- Disciplined track record over various economic cycles
- Active net lease strategy emphasis on industrial properties

ONE LIBERTY PROPERTIES, INC.

- Experienced management team
- Alignment of interests significant insider ownership





HAVERTYS FURNITURE – TENANT PROFILE

- Tenant: Haverty Furniture Companies, Inc. (NYSE: HVT) (Source: Tenant's website)
 - » Full service home furnishing retailer founded in 1885
 - » Public company since 1929
 - » 120 showrooms in 16 states in the Southern and Midwestern regions
 - » Weathered economic cycles, from recessions to depressions to boom times
 - » Total assets of \$579 million and stockholders' equity of \$269 million at 9/30/2019
- Represents 6.7% of contractual rental income



Haverty - Cedar Park, TX (Austin MSA

- 11 properties aggregating 611,930 SF
 - Duluth (Atlanta), GA
 - Fayetteville (Atlanta), GA
 - Wichita, KS
 - Lexington, KY
 - Bluffton (Hilton Head), SC
 - Amarillo, TX
 - Cedar Park (Austin), TX
 - Tyler, TX
 - Richmond, VA
 - Newport News, VA
 - Virginia Beach, VA
- Properties subject to a unitary lease which expires August 14, 2022
- Rent per square foot on the portfolio is \$7.91

LA FITNESS – TENANT PROFILE

- Tenant: LA Fitness International LLC (Source: Tenant's website)
 - » Currently operates over 700 clubs in 21 states
 - » Founded in 1984 and is headquartered in Irvine, CA
- 3 properties represents 4.4% of contractual rental income and 141,663 SF

% of Contractual Rental Income

- Secaucus, NJ: 2.0%
- Tucker, GA: 1.3%
- Hamilton, OH: 1.1%



- Representative: LA Fitness Secaucus, NJ
 - » Location: 485 Harmon Meadow Blvd, Secaucus, NJ; 4 miles west of Manhattan

- Features 2 million SF of office space, 7 hotels and over 1 million SF of retail space
- » Building: 44,863 SF on 1.23 acres of land
- » 3 Mile Demographics (Source: Applied Geographic Solutions 4/2019)
 - Population: 304,876
 - Daytime Population: 101,647 (within a 3 mile radius)
 - Average HH income: \$97,098
- » Lease expires February 28, 2025



NORTHERN TOOL & EQUIPMENT - TENANT PROFILE

- Tenant: Northern Tool & Equipment (Source: Tenant's website)
 - » Distributor and retailer of industrial grade and personal use power tools and equipment
 - » Over 100 retail stores in the U.S.
 - » Acquired The Sportsman's Guide and The Golf Warehouse to sell outdoor sports and leisure goods through their distribution chain
 - » Class A, 30' clearance building is situated 18 miles south of downtown Charlotte, NC off Interstate-77
- Represents 4.0% of contractual rental income



Northern Tool & Equipment – Fort Mill, SC

- Location: 1850 Banks Road, Fort Mill, SC
 - » Building: 701,595 SF on 40.0 acres of land
 - » 3 Mile Demographics (Source: Applied Geographic Solutions 4/2019)

- Population: 29,125
- Average HH income: \$75,686
- » Lease expires April 30, 2029



L3 TECHNOLOGIES – TENANT PROFILE

- Tenant: L3 Technologies, Inc. (Source: Tenant's website)
 - » US based defense technology company
 - » On June 29, 2019, L3 Technologies and Harris Corporation merged to form L3 Harris Technologies - the 6th largest US defense company by revenues
 - The merged company currently has a market cap of \$45 billion
 - » Represents 3.6% of contractual rental income



L3 Technologies, Inc. – Hauppauge, NY

Location: 435 Moreland Road, Hauppauge, NY

- » Building: 201,614 SF on 12.4 acres
- » 3 Mile Demographics (Source: Applied Geographic Solutions 4/2019)
 - Population: 83,393
 - Average HH income: \$133,400
- » Lease expires September 30, 2033



REGAL ENTERTAINMENT GROUP - TENANT PROFILE

- Tenant: Regal Entertainment Group (Source: Tenant's website)
 - » On February 27, 2018 Cineworld (LSE: CINE) acquired Regal Entertainment Group for \$3.6 billion, making it the second largest global cinema exhibitor behind AMC
 - » 7,211 screens and 549 theaters in America
 - » \$2.8 billion market cap (as of 11/20/2019)



 3 locations represents 3.5% of contractual rental income and 150,520 SF

ONE LIBERTY PROPERTIES, INC.

% of Contractual Rental Income

- Indianapolis, IN: 1.0%
- Manahawkin, NJ ⁽¹⁾: 0.3%
- Greensboro, NC: 2.2%



Sample Regal Luxury Seating Conversion

(1) Represents one tenant at a multi-tenant shopping center



GAAP RECONCILIATION

The following table provides a reconciliation of net income per share of common stock (on a diluted basis) in accordance with **GAAP to FFO and AFFO**

	9 Months Ended September 30,	Years	Ended D	ecembe	r 31,
	2019	2018	2017	2016	2015
GAAP net income attributable to One Liberty Properties, Inc.	\$0.64	\$ 1.05	\$ 1.28	\$ 1.39	\$ 1.22
Add: depreciation & amortization of properties	0.83	1.24	1.12	1.02	0.98
Add: our share of depreciation & amortization of unconsolidated JVs	0.02	0.04	0.05	0.05	0.04
Add: impairment loss	-	-	0.01	-	-
Add: amortization of deferred leasing costs	0.02	0.02	0.02	0.02	0.02
Add: Federal excise tax relating to gain on sale	-	-	-	-	0.01
Deduct: gain on sale of real estate	(0.18)	(0.27)	(0.53)	(0.57)	(0.32)
Deduct: equity in earnings from sale of unconsolidated JV properties	-	(0.10)	-	-	-
Deduct: purchase price fair value adjustment	-	-	-	-	(0.06)
Adjustments for non-controlling interests	0.02	0.04	(0.01)	(0.01)	0.08
NAREIT funds from operations per share of common stock	\$1.35	\$ 2.02	Ş 1.94	\$ 1.90	\$ 1.97
Deduct: straight-line rent accruals & amortization of lease intangibles	(0.08)	(0.07)	(0.07)	(0.16)	(0.10)
Deduct: our share of straight-line rent accruals & amortization of lease intangibles of unconsolidated JVs	-	(0.03)	-	-	-
Deduct: lease termination fee income	-	(0.02)	-	-	(0.17)
Add: amortization of restricted stock compensation	0.14	0.18	0.17	0.17	0.14
Add: prepayment costs on debt	0.01	-	-	0.03	0.03
Add: amortization & write-off of deferred financing costs	0.04	0.05	0.05	0.05	0.06
Adjustments for non-controlling interests				-	(0.01)
Adjusted funds from operations per share of common stock	<u>\$1.46</u>	<u>\$ 2.13</u>	\$ 2.09	\$ 1.99	<u>\$ 1.92</u>
					• 37

NON-GAAP FINANCIAL MEASURES

One Liberty computes FFO in accordance with the "White Paper on Funds from Operations" issued by the National Association of Real Estate Investment Trusts ("NAREIT") and NAREIT's related guidance. FFO is defined in the White Paper as net income (calculated in accordance with GAAP), excluding depreciation and amortization related to real estate, gains and losses from the sale of certain real estate assets, gains and losses from change in control, impairment write-downs of certain real estate assets and investments in entities where the impairment is directly attributable to decreases in the value of depreciable real estate held by the entity. Adjustments for unconsolidated partnerships and joint ventures are calculated to reflect funds from operations on the same basis. In computing FFO, One Liberty does not add back to net income the amortization of costs in connection with its financing activities or depreciation of non-real estate assets. One Liberty computes adjusted funds from operations, or AFFO, by adjusting from FFO for straight-line rent accruals and amortization of lease intangibles, deducting lease termination fees and gain on extinguishment of debt and adding back amortization of restricted stock compensation, amortization of costs in connection with its financing activities (including its share of its unconsolidated joint ventures) and debt prepayment costs. Since the NAREIT White Paper does not provide guidelines for computing AFFO, the computation of AFFO may vary from one REIT to another.

One Liberty believes that FFO and AFFO are useful and standard supplemental measures of the operating performance for equity REITs and are used frequently by securities analysts, investors and other interested parties in evaluating equity REITs, many of which present FFO and AFFO when reporting their operating results. FFO and AFFO are intended to exclude GAAP historical cost depreciation and amortization of real estate assets, which assumes that the value of real estate assets diminish predictability over time. In fact, real estate values have historically risen and fallen with market conditions. As a result, management believes that FFO and AFFO provide a performance measure that when compared year over year, should reflect the impact to operations from trends in occupancy rates, rental rates, operating costs, interest costs and other matters without the inclusion of depreciation and amortization, providing a perspective that may not be necessarily apparent from net income. Management also considers FFO and AFFO to be useful in evaluating potential property acquisitions.

FFO and AFFO do not represent net income or cash flows from operating, investing or financing activities as defined by GAAP. FFO and AFFO should not be an alternative to net income as a reliable measure of our operating performance nor as an alternative to cash flows as measures of liquidity. FFO and AFFO do not measure whether cash flow is sufficient to fund all of the Company's cash needs.