UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 9, 2017

ONE LIBERTY PROPERTIES, INC. (Exact name of Registrant as specified in charter)

	001-09279	13-3147497
iction)	(Commission file No.)	(IRS Employer I.D. No.)
Suite 303, Great Neck, No	ew York	11021
(Address of principal executive offices) (Zip code)		(Zip code)
Registrant's to	elephone number, including area code: 5	516-466-3100
		atisfy the filing obligation of the registrant under any of
ations pursuant to Rule 4	25 under the Securities Act (17 CFR 23	0.425)
pursuant to Rule 14a-12	under the Exchange Act (17 CFR 240.1	4a-12)
t communications pursua	ant to Rule 14d-2(b) under the Exchange	e Act (17 CFR 240.14d-2(b))
t communications pursua	ant to Rule 13e-4(c) under the Exchange	e Act (17 CFR 240.13e-4(c))
2		☐ Emerging growth company
1 .	eck mark if the registrant has elected no reward to Section 13(a) of the Exchange.	1 17 0
	Suite 303, Great Neck, Notincipal executive offices 60 Cutter Model Registrant's to executive offices 60 Cutter Model Registrant's to executive offices 60 Cutter Model Registrant's to execution A.2. be executed in the Form 8- executed	Suite 303, Great Neck, New York incipal executive offices) 60 Cutter Mill Road, Suite 303, Great Neck, New York (Address of principal executive offices) (Zip Registrant's telephone number, including area code: 3 box below if the Form 8-K filing is intended to simultaneously seneral Instruction A.2. below): ations pursuant to Rule 425 under the Securities Act (17 CFR 23 pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.1 t communications pursuant to Rule 14d-2(b) under the Exchange t communications pursuant to Rule 13e-4(c) under the Exchange whether the registrant is an emerging growth company as define the Securities Exchange Act of 1934 (§240.12b-2 of this chapted company, indicate by check mark if the registrant has elected no

Item 2.02 Results of Operations and Financial Condition.

On May 9, 2017, we issued a press release announcing our results of operations for the quarter ended March 31, 2017. The press release is attached as Exhibit 99.1 to this Current Report on Form 8-K.

This information and the exhibit attached hereto are being furnished pursuant to Item 2.02 of Form 8-K and are not to be considered "filed" under the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be incorporated by reference into any previous or future filing by the registrant under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits.
- 99.1 Press release dated May 9, 2017.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 9, 2017

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish
David W. Kalish Senior Vice President and Chief Financial Officer

ONE LIBERTY PROPERTIES REPORTS FIRST QUARTER 2017 RESULTS

Rental Income Increases 11.3% over Prior Year Quarter –
 Net Income of \$0.15 Per Diluted Share –
 AFFO Per Diluted Share Increases 15.9% over Prior Year Quarter –

GREAT NECK, New York, May 9, 2017 — One Liberty Properties, Inc. (NYSE: OLP), a real estate investment trust focused on net leased properties, today announced operating results for the quarter ended March 31, 2017.

Patrick J. Callan, Jr., President and Chief Executive Officer of One Liberty stated, "Operating results continue to reflect our disciplined approach to portfolio management. During the first quarter, we benefitted from the accretive property additions made over the past year as adjusted funds from operations per diluted share grew 15.9% on a 13.5% improvement in total revenues. As we look forward, our portfolio is well positioned to drive continued growth which should result in higher cash flow as we move through the year and be additive to our efforts to enhance stockholder value."

Operating Results:

Rental income grew 11.3% to \$16.8 million for the three months ended March 31, 2017, from \$15.1 million in the corresponding quarter in the prior year, and total revenues for the current quarter increased \$2.2 million, or 13.5%, to \$18.5 million, from \$16.3 million for the quarter ended March 31, 2016, primarily due to properties acquired in 2016.

Total operating expenses in the first quarter of 2017 were \$11.2 million compared to \$9.3 million for the same period in 2016. Approximately \$1.4 million of the increase is due to additional depreciation and amortization, of which \$750,000 is associated with the properties acquired in 2016 and \$646,000 relates to the write-off of tenant origination costs. The Company also incurred an additional \$354,000 of real estate expenses related to 2016 acquisitions.

Net income attributable to One Liberty in the first quarter of 2017 was \$2.9 million, or \$0.15 per diluted share, compared to \$3.3 million, or \$0.18 per diluted share, in the first quarter of 2016. Net income for the 2016 quarter includes a \$787,000, or \$0.04 per share, gain on the sale of real estate.

Funds from Operations, or FFO, was \$8.6 million for the quarter ended March 31, 2017, compared to \$6.9 million in the corresponding quarter of 2016, with FFO per diluted share increasing 17.5% to \$0.47 for the first quarter of 2017 from \$0.40 in the same quarter of the prior year.

Adjusted Funds from Operations, or AFFO, was \$9.4 million for the quarter ended March 31, 2017, compared to \$7.5 million in the corresponding quarter of the prior year, with AFFO per diluted share growing 15.9% to \$0.51 from \$0.44.

The weighted average number of shares of common stock outstanding during the first quarter of 2017 increased by 1,391,000 shares from the first quarter of 2016 due to stock issuances pursuant to One Liberty's at-the-market offering, dividend reinvestment and equity incentive programs. A reconciliation of GAAP amounts to non-GAAP amounts is presented with the financial information included in this release.



Balance Sheet:

At March 31, 2017, the Company had \$13.2 million of cash and cash equivalents, total assets of \$723.9 million, total debt of \$396.8 million, net of \$4.8 million of deferred financing costs, and total stockholders' equity of \$288 million.

At May 2, 2017, One Liberty's available liquidity was \$99.6 million, including \$4.6 million of cash and cash equivalents (net of the credit facility's required \$3 million deposit maintenance balance) and upon attainment of borrowing base levels, up to \$95.0 million available under its credit facility.

Subsequent Event:

As previously reported, on May 8, 2017, the Company sold its vacant Greenwood Village, Colorado property for \$9.1 million and an approximate \$6.5 million gain, which will be recognized in the three months ending June 30, 2017.

Non-GAAP Financial Measures:

One Liberty computes FFO in accordance with the "White Paper on Funds From Operations" issued by the National Association of Real Estate Investment Trusts ("NAREIT") and NAREIT's related guidance. FFO is defined in the White Paper as net income (computed in accordance with generally accepted accounting principles), excluding gains (or losses) from sales of property, plus real estate depreciation and amortization (including amortization of deferred leasing costs), plus impairment write-downs of depreciable real estate and after adjustments for unconsolidated partnerships and joint ventures. Adjustments for unconsolidated partnerships and joint ventures will be calculated to reflect funds from operations on the same basis. One Liberty computes AFFO by adjusting from FFO for straight-line rent accruals and amortization of lease intangibles, deducting lease termination fees and gain on extinguishment of debt and adding back amortization of restricted stock compensation, amortization of costs in connection with its financing activities (including its share of its unconsolidated joint ventures) and debt prepayment costs. Since the NAREIT White Paper does not provide guidelines for computing AFFO, the computation of AFFO may vary from one REIT to another.

One Liberty believes that FFO and AFFO are useful and standard supplemental measures of the operating performance for equity REITs and are used frequently by securities analysts, investors and other interested parties in evaluating equity REITs, many of which present FFO and AFFO when reporting their operating results. FFO and AFFO are intended to exclude GAAP historical cost depreciation and amortization of real estate assets, which assumes that the value of real estate assets diminish predictability over time. In fact, real estate values have historically risen and fallen with market conditions. As a result, management believes that FFO and AFFO provide a performance measure that when compared year over year, should reflect the impact to operations from trends in occupancy rates, rental rates, operating costs, interest costs and other matters without the inclusion of depreciation and amortization, providing a perspective that may not be necessarily apparent from net income. Management also considers FFO and AFFO to be useful in evaluating potential property acquisitions.

FFO and AFFO do not represent net income or cash flows from operating, investing or financing activities as defined by GAAP. FFO and AFFO should not be considered to be an alternative to net income as a reliable measure of our operating performance nor as an alternative to cash flows as measures of liquidity. FFO and AFFO do not measure whether cash flow is sufficient to fund all of the Company's cash needs.



Management recognizes that there are limitations in the use of FFO and AFFO. In evaluating the Company's performance, management is careful to examine GAAP measures such as net income and cash flows from operating, investing and financing activities.

Forward Looking Statement:

Certain information contained in this press release, together with other statements and information publicly disseminated by One Liberty Properties, Inc. is forward looking within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities and Exchange Act of 1934, as amended. We intend such forward looking statements to be covered by the safe harbor provision for forward looking statements contained in the Private Securities Litigation Reform Act of 1995 and include this statement for the purpose of complying with these safe harbor provisions. Information regarding certain important factors that could cause actual outcomes or other events to differ materially from any such forward looking statements appear in the Company's Annual Report on Form 10-K for the year ended December 31, 2016 and in particular "Item 1A. Risk Factors" included therein. You should not rely on forward looking statements since they involve known and unknown risks, uncertainties and other factors which are, in some cases, beyond our control and which could materially affect actual results, performance or achievements.

About One Liberty Properties:

One Liberty is a self-administered and self-managed real estate investment trust incorporated in Maryland in 1982. The primary business of the Company is to acquire, own and manage a geographically diversified portfolio consisting primarily of retail, industrial, restaurant, flex, health and fitness and theater properties. Many of these properties are subject to long term net leases under which the tenant is typically responsible for the property's real estate taxes, insurance and ordinary maintenance and repairs.

Contact:

One Liberty Properties Investor Relations Phone: (516) 466-3100 www.onelibertyproperties.com

ONE LIBERTY PROPERTIES, INC. CONDENSED BALANCE SHEETS (Amounts in Thousands)

	M	March 31, 2017		December 31, 2016	
ASSETS					
Real estate investments, net	\$	647,777	\$	651,213	
Investment in unconsolidated joint ventures		10,772		10,833	
Cash and cash equivalents		13,241		17,420	
Restricted cash		572		643	
Unbilled rent receivable		13,737		13,797	
Unamortized intangible lease assets, net		30,823		32,645	
Other assets		7,012		6,894	
Total assets	\$	723,934	\$	733,445	
LIABILITIES AND EQUITY					
Liabilities:					
Mortgages payable, net of \$3,985 and \$4,294 deferred financing costs, respectively	\$	392,656	\$	394,898	
Line of credit-outstanding, net of \$858 and \$936 deferred financing costs, respectively		4,142		9,064	
Unamortized intangible lease liabilities, net		18,838		19,280	
Other liabilities		18,473		18,276	
Total liabilities		434,109	_	441,518	
Total One Liberty Properties, Inc. stockholders' equity		288,038		290,133	
Non-controlling interests in consolidated joint ventures		1,787		1,794	
Total equity		289,825		291,927	
Total liabilities and equity	\$	723,934	\$	733,445	
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ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

		Three Months Ended March 31,		
	2017		2016	
Revenues:	<u> </u>			
Rental income, net	\$ 16,8	33 \$	15,056	
Tenant reimbursements	1,6		1,288	
Total revenues	18,4	72	16,344	
Operating expenses:				
Depreciation and amortization	5,5		4,185	
General and administrative	2,8		2,609	
Real estate expenses	2,7)4	2,175	
Real estate acquisition costs		-	204	
Federal excise and state taxes		88	76	
Leasehold rent		77	77	
Total operating expenses	11,2	37	9,326	
Operating income	7,2	35	7,018	
Other income and expenses:				
Equity in earnings of unconsolidated joint ventures	2	45	209	
Prepayment costs on debt		-	(423)	
Other income		22	13	
Interest:				
Expense	(4,3)	39)	(4,075)	
Amortization and write-off of deferred financing costs		<u>27</u>)	(244)	
Income before gain on sale of real estate, net	2,8	86	2,498	
Gain on sale of real estate, net	2,0	,0	787	
dum on sure of real estate, net			787	
Net income	2,8	36	3,285	
Net (income) loss attributable to non-controlling interests		21)	2	
Net income attributable to One Liberty Properties, Inc.	\$ 2,8	65 \$	3,287	
Net in a second and the late of the late o				
Net income per share attributable to common stockholders-diluted	\$ 0.	15 \$	0.18	
Funds from operations - Note 1	\$ 8,6	06 \$	6,883	
Funds from operations per common share-diluted - Note 2	\$ 0.4	_ =	0.40	
Tands from operations per common share analest 170c 2	\$ 0.	#/ 5	0.40	
Adjusted funds from operations - Note 1	\$ 9,4	08 \$	7,477	
Adjusted funds from operations per common share-diluted - Note 2	\$ 0.	51 \$	0.44	
	φ 0.)1	0.44	
Weighted average number of common and unvested restricted shares outstanding: Basic	18,3	81	16,997	
Diluted	18,4	_ =	17,104	
Diluted	18,4	,, = =	1 /,104	

ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

	Three Months Ended March 31,			
		2017		2016
Note 1:		2017		2010
NAREIT funds from operations is summarized in the following table:	_			
GAAP net income attributable to One Liberty Properties, Inc.	\$	2,865	\$	3,287
Add: depreciation and amortization of properties	Ψ	5,474	Ψ	4,124
Add: our share of depreciation of unconsolidated joint ventures		221		224
Add: amortization of deferred leasing costs		79		61
Add: Federal excise tax relating to gain on sale		-		11
Deduct: gain on sale of real estate		_		(787)
Adjustments for non-controlling interests		(33)		(37)
- rejection for non-volucing interest	_	(33)	_	(37)
NAREIT funds from operations applicable to common stock		8,606		6,883
Deduct: straight-line rent accruals and amortization of lease intangibles		(186)		(761)
Add: our share of straight-line rent accruals and amortization of lease intangibles of unconsolidated joint ventures		(100)		11
Add: amortization of restricted stock compensation		742		666
Add: prepayment costs on debt		742		423
Add: amortization and write-off of deferred financing costs		227		244
Add: our share of amortization of deferred financing costs of unconsolidated joint ventures		6		7
Adjustments for non-controlling interests		5		4
radiastronas for non controlling interests	_		_	
Adjusted funds from operations applicable to common stock	\$	9,408	\$	7,477
N . A				
Note 2:				
NAREIT funds from operations is summarized in the following table:	\$	0.15	\$	0.18
GAAP net income attributable to One Liberty Properties, Inc.	Ф	0.13	Ф	
Add: depreciation and amortization of properties Add: our share of depreciation of unconsolidated joint ventures		0.31		0.25 0.01
Add: amortization of deferred leasing costs		0.01		0.01
Add: Federal excise tax relating to gain on sale		-		-
Deduct: gain on sale of real estate		-		(0.04)
Adjustments for non-controlling interests		-		(0.04)
Adjustments for non-controlling interests	_		_	
NAREIT funds from operations per share of common stock-diluted		0.47		0.40
NAKEIT Tunus from operations per snare of common stock-unuted		0.47		0.40
Deduct: straight-line rent accruals and amortization of lease intangibles		(0.01)		(0.04)
Add: amortization of restricted stock compensation		0.04		0.04
Add: prepayment costs on debt		-		0.03
Add: amortization and write-off of deferred financing costs		0.01		0.01
Adjustments for non-controlling interests		-		-
Adjusted funds from operations per share of common stock-diluted	\$	0.51	\$	0.44