UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the **Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): November 6, 2014

ONE LIBERTY PROPERTIES, INC. (Exact name of Registrant as specified in charter)

Maryland		001-09279	13-3147497					
(State or other jurisdiction of incorporation)		(Commission file No.)	(IRS Employer I.D. No.)					
	60 Cutter Mill Road, Suite 303, Great Neck, N	New York	11021					
	(Address of principal executive office	s)	(Zip code)					
	Registrant's	telephone number, including area code: 5	16-466-3100					
the foll	Check the appropriate box below if the Form 8 owing provisions (see General Instruction A.2. b		tisfy the filing obligation of the registrant under any of					
	Written communications pursuant to Rule 425	under the Securities Act (17 CFR 230.425	5)					
	Soliciting material pursuant to Rule 14a-12 und	der the Exchange Act (17 CFR 240.14a-1	2)					
	Pre-commencement communications pursuant	to Rule 14d-2(b) under the Exchange Act	t (17 CFR 240.14d-2(b))					
	Pre-commencement communications pursuant	to Rule 13e-4(c) under the Exchange Act	(17 CFR 240.13e-4(c))					

Item 2.02 Results of Operations and Financial Condition.

On November 6, 2014, we issued a press release announcing our results of operations for the third quarter ended September 30, 2014. The press release is attached as Exhibit 99.1 to this Current Report on Form 8-K.

This information and the exhibit attached hereto are being furnished pursuant to Item 2.02 of Form 8-K and are not to be considered "filed" under the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be incorporated by reference into any previous or future filing by us under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits.
 - 99.1 Press release dated November 6, 2014.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 6, 2014

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish
David W. Kalish

Senior Vice President and Chief Financial Officer

ONE LIBERTY PROPERTIES, INC. REPORTS THIRD QUARTER 2014 RESULTS

- AFFO Per Share and Rental Income Grew 17.1% Over the Prior Year -

GREAT NECK, New York, November 6, 2014 — One Liberty Properties, Inc. (NYSE: OLP), today announced results for the third quarter ended September 30, 2014.

Patrick J. Callan, Jr., President and Chief Executive Officer of One Liberty commented: "Our quarterly results and recent activities reflect the ongoing success of our efforts to maximize the cash flow and value of our portfolio. We continue to look for opportunities to purchase assets that will positively impact our performance. Our 17.1% increase in rental income that drove AFFO and FFO per share growth of 17.1% and 15.0%, respectively, is indicative that the long-term initiatives that we put in place are working effectively."

Operating Results:

Total revenues for the third quarter of 2014 increased 17.1%, to \$15.19 million, from \$12.97 million for the third quarter of 2013. The increase is attributable primarily to rental income earned from properties acquired since July 2013.

Total operating expenses for the third quarter of 2014 increased 28.0%, to \$8.18 million, from \$6.39 million for the third quarter of 2013. The increase is due primarily to a \$1.09 million non-cash impairment loss related to a property located in Morrow, Georgia, and a \$702,000 increase in depreciation expense primarily related to the properties acquired since July 2013.

Net income attributable to One Liberty for the third quarter of 2014 was \$2.62 million, or \$0.16 per diluted share. For the third quarter of 2013, net income attributable to One Liberty was \$3.21 million, or \$0.20, per diluted share. Excluding the impairment loss, net income attributable to One Liberty was \$0.22 per diluted share.

Funds from Operations:

Funds from Operations ("FFO") were \$7.46 million in the third quarter of 2014 compared to \$6.26 million in the third quarter of 2013. FFO per diluted share was \$0.46 in the third quarter of 2014 compared to \$0.40 in the third quarter of 2013. Adjusted Funds from Operations ("AFFO"), was \$7.79 million, or \$0.48 per diluted share, in the third quarter of 2014, compared to \$6.48 million, or \$0.41 per diluted share in the third quarter of 2013. A reconciliation of GAAP amounts to non-GAAP amounts is presented with the financial information included later in this release.

Capital Allocation and Balance Sheet:

During the nine months ended September 30, 2014, the Company acquired six properties for \$32.86 million. Each property purchased is net leased by a single tenant.

At September 30, 2014, One Liberty had \$14.26 million of cash and cash equivalents, total assets of \$590.74 million, total debt of \$315 million and total stockholders' equity of \$248.62 million. At November 3, 2014, the Company had approximately \$18.0 million of cash and cash equivalents. Approximately \$20.25 million had been borrowed under the Company's \$75 million credit facility at November 3, 2014.



Subsequent Events:

In October 2014, One Liberty sold an office property in Parsippany, NJ for a net gain of approximately \$8.4 million for financial statement purposes (after giving effect to a \$1.6 million charge required in connection with the pre-payment of the mortgage securing this property).

In October 2014, One Liberty acquired two properties for an aggregate purchase price of approximately \$16.7 million, including \$4.6 million of mortgage financing.

Non-GAAP Financial Measures:

One Liberty computes FFO in accordance with the "White Paper on Funds From Operations" issued by the National Association of Real Estate Investment Trusts ("NAREIT") and NAREIT's related guidance. FFO is defined in the White Paper as net income (computed in accordance with generally accepting accounting principles), excluding gains (or losses) from sales of property, plus real estate depreciation and amortization, plus impairment write-downs of depreciable real estate and after adjustments for unconsolidated partnerships and joint ventures. Adjustments for unconsolidated partnerships and joint ventures will be calculated to reflect funds from operations on the same basis. Since the NAREIT White Paper only provides guidelines for computing FFO, the computation of FFO may vary from one REIT to another. One Liberty computes AFFO by deducting from FFO its straight-line rent accruals and amortization of lease intangibles, and lease termination fee income and adding back its amortization of restricted stock compensation and the amortization of costs in connection with its financing activities (including its share of its unconsolidated joint ventures).

One Liberty believes that FFO and AFFO are useful and standard supplemental measures of the operating performance for equity REITs and are used frequently by securities analysts, investors and other interested parties in evaluating equity REITs, many of which present FFO and AFFO when reporting their operating results. FFO and AFFO are intended to exclude GAAP historical cost depreciation and amortization of real estate assets, which assumes that the value of real estate assets diminish predictability over time. In fact, real estate values have historically risen and fallen with market conditions. As a result, management believes that FFO and AFFO provide a performance measure that when compared year over year, should reflect the impact to operations from trends in occupancy rates, rental rates, operating costs, interest costs and other matters without the inclusion of depreciation and amortization, providing a perspective that may not be necessarily apparent from net income. Management also considers FFO and AFFO to be useful in evaluating potential property acquisitions.

FFO and AFFO do not represent net income or cash flows from operations as defined by GAAP. FFO and AFFO should not be considered to be an alternative to net income as a reliable measure of our operating performance; nor should FFO and AFFO be considered an alternative to cash flows from operating, investing or financing activities (as defined by GAAP) as measures of liquidity.

FFO and AFFO do not measure whether cash flow is sufficient to fund all of the Company's cash needs, including principal amortization, capital improvements and distributions to stockholders. FFO and AFFO do not represent cash flows from operating, investing or financing activities as defined by GAAP.

Management recognizes that there are limitations in the use of FFO and AFFO. In evaluating the Company's performance, management is careful to examine GAAP measures such as net income and cash flows from operating, investing and financing activities. Management also prepares and reviews the reconciliation of net income to FFO and AFFO.



Forward Looking Statement

Certain information contained in this press release, together with other statements and information publicly disseminated by One Liberty Properties, Inc. is forward looking within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities and Exchange Act of 1934, as amended. One Liberty intends such forward looking statements to be covered by the safe harbor provision for forward looking statements contained in the Private Securities Litigation Reform Act of 1995 and include this statement for the purpose of complying with these safe harbor provisions. Information regarding certain important factors that could cause actual outcomes or other events to differ materially from any such forward looking statements appear in the Company's Annual Report on Form 10-K for the year ended December 31, 2013, the Quarterly Reports on Form 10-Q filed thereafter, and in particular, Item 1A. Risk Factors of such reports. You should not rely on forward looking statements since they involve known and unknown risks, uncertainties and other factors which are, in some cases, beyond the Company's control and which could materially affect actual results, performance or achievements.

Additional Information

One Liberty is an owner of a geographically diversified portfolio of retail, industrial, health and fitness, office and other properties in the United States, primarily under net leases. Interested parties are encouraged to review One Liberty's Form 10-Q to be filed with the Securities and Exchange Commission for the quarter ended September 30, 2014 for further details. The Form 10-Q can also be linked through the "Investor Relations" section of One Liberty's website. For additional information on the Company's operations, activities and properties, please visit One Liberty's website at www.1liberty.com.

Contact:

One Liberty Properties Investor Relations Phone: (516) 466-3100 www.onelibertyproperties.com



ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

	Three Months Ended September 30,				Nine Months Ended September 30,			
		2014	20	13		2014		2013
Revenues:								
Rental income, net	\$	14,552	\$	12,487	\$	42,308	\$	35,588
Tenant reimbursements		635		483		1,677		1,225
Lease termination fee		_		_		1,269		<u>-</u>
Total revenues		15,187		12,970		45,254		36,813
Operating expenses:								
Depreciation and amortization		3,685		2,983		10,985		8,298
General and administrative		2,153		1,938		6,497		5,841
Real estate expenses		1,085		851		3,061		2,375
Leasehold rent		77		77		231		231
Federal excise and state taxes		6		(7)		175		218
Real estate acquisition costs		83		544		211		821
Impairment loss		1,093		_		1,093		_
Total operating expenses		8,182		6,386		22,253		17,784
On anything in a comp		7.005		6 504		22.001		10.020
Operating income		7,005		6,584		23,001		19,029
Other income and expenses:		124		100		207		512
Equity in earnings of unconsolidated joint ventures		134		122		397		513
Gain on dispositon of real estate-unconsolidated joint venture		-		-		-		2,807
Gain on sale-unconsolidated joint venture interest		-		-		-		1,898
Gain on sale-investment in BRT Realty Trust (related party) Other income		10		10		134 20		89
Interest:								
Expense		(4,227)		(3,409)		(12,215)		(9,670)
Amortization of deferred financing costs		(275)		(223)		(741)		(662)
Income from continuing operations		2,647		3,084		10,596		14,004
		_,-,		ĺ		ĺ		
Income from discontinued operations				144	_	13	_	425
Net income		2,647		3,228		10,609		14,429
Less net income attributable to non-controlling interests		(27)		(17)		(76)		(32)
2550 not income analogue to non-containing interests	_	(21)		(17)	_	(10)		(32)
Net income attributable to One Liberty Properties, Inc.	\$	2,620	\$	3,211	\$	10,533	\$	14,397
Per common share attributable to common stockholders- diluted:								
Income from continuing operations	\$	0.16	\$	0.19	\$	0.64	\$	0.90
Income from discontinued operations	Ψ	0.10	ψ	0.19	Ψ	0.04	ψ	0.90
meonic from discontinued operations	\$	0.16	\$	0.01	\$	0.64	\$	0.03
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Funds from operations - Note 1	\$	7,461	\$	6,259	\$	22,785	\$	18,590
Funds from operations per common share-diluted - Note 2	\$	0.46	\$	0.40	\$	1.42	\$	1.20
Adjusted funds from operations - Note 1	ф	5 5 5 5	ф	6.402	ф	22.505	ф	10.645
	\$	7,787	\$	6,483	\$	22,585	\$	19,647
Adjusted funds from operations per common share-diluted - Note 2	\$	0.48	\$	0.41	\$	1.40	\$	1.27
Weighted average number of common and unvested restricted shares outstanding:								
Basic		16,131		15,563		15,999		15,346
Diluted		16,231		15,663		16,099		15,446



ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

	Three Months Ended September 30,				Nine Months Ended September 30,			
		2014		2013		2014		2013
Note 1:								
Funds from operations is summarized in the following table:								
Net income attributable to One Liberty Properties, Inc.	\$	2,620	\$	3,211	\$	10,533	\$	14,397
Add: depreciation of properties		3,610		2,984		10,783		8,305
Add: our share of depreciation in unconsolidated joint ventures		93		93		280		423
Add: amortization of deferred leasing costs		45		36		115		101
Add: our share of amortization of deferred leasing costs in unconsolidated joint								
ventures		-		-		-		8
Add: federal excise tax relating to gain on sales		-		(65)		(19)		61
Add: impairment loss		1,093		-		1,093		-
Deduct: (gain) on sale of properties-joint ventures		-		-		-		(4,705)
Funds from operations		7,461		6,259		22,785		18,590
·								
Deduct: straight-line rent accruals and amortization of lease intangibles		(398)		(370)		(1,046)		(849)
Deduct: lease termination fee income				` -		(1,269)		-
Add: our share of straight-line rent reversals and amortization of lease								
intangibles of unconsolidated joint ventures		-		-		(1)		91
Add: amortization of restricted stock compensation		448		366		1,368		1,132
Add: amortization of deferred financing costs		272		224		735		663
Add: our share of amortization of deferred financing costs in unconsolidated								
joint ventures		4		4		13		20
Adjusted funds from operations	\$	7,787	\$	6,483	\$	22,585	\$	19,647
Note 2:								
Funds from operations is summarized in the following table:								
Net income attributable to One Liberty Properties, Inc.	\$	0.16	\$	0.20	\$	0.64	\$	0.93
Add: depreciation of properties	Ψ	0.22	Ψ	0.19	Ψ	0.68	Ψ	0.53
Add: our share of depreciation in unconsolidated joint ventures		0.01		0.01		0.02		0.03
Add: amortization of deferred leasing costs		-		-		0.01		-
Add: our share of amortization of deferred leasing costs in unconsolidated joint								
ventures		_		_		_		_
Add: federal excise tax relating to gain on sales		-		-		-		0.01
Add: impairment loss		0.07		-		0.07		_
Deduct: (gain) on sale of properties-joint ventures		-		_		-		(0.30)
		•		-				`
Funds from operations per common share-diluted		0.46		0.40		1.42		1.20
Deduct: straight-line rent accruals and amortization of lease intangibles		(0.03)		(0.02)		(0.07)		(0.05)
Deduct: lease termination fee income		` -		` -		(0.08)		
Add: our share of straight-line rent reversals and amortization of lease						,		
intangibles of unconsolidated joint ventures		-		-		(0.01)		0.01
Add: amortization of restricted stock compensation		0.03		0.02		0.09		0.07
Add: amortization of deferred financing costs		0.02		0.01		0.05		0.04
Add: our share of amortization of deferred financing costs in unconsolidated								
joint ventures				-		-		-
Adjusted funds from operations per common share-diluted	\$	0.48	\$	0.41	\$	1.40	\$	1.27



ONE LIBERTY PROPERTIES, INC. CONDENSED BALANCE SHEETS (Amounts in Thousands)

	September 30, 2014		December 31, 2013	
ASSETS				
Real estate investments, net	\$	495,162	\$	496,187
Properties held-for-sale		25,589		5,177
Assets related to property held-for-sale		2,836		-
Investment in unconsolidated joint ventures		4,874		4,906
Cash and cash equivalents		14,259		16,631
Restricted cash		1,845		-
Unbilled rent receivable		12,442		13,743
Unamortized intangible lease assets, net		25,372		26,035
Other assets		8,358		9,219
Total assets	\$	590,737	\$	571,898
LIABILITIES AND EQUITY				
Liabilities:				
Mortgages payable	\$	293,752	\$	278,045
Line of credit - outstanding		21,250		23,250
Unamortized intangible lease liabilities, net		9,170		6,917
Other liabilities		16,617		13,596
Total liabilities		340,789		321,808
Total One Liberty Properties, Inc. stockholders' equity		248,624		248,932
Non-controlling interests in joint ventures		1,324		1,158
Total equity		249,948		250,090
Total liabilities and equity	\$	590,737	\$	571,898