UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 14, 2012

ONE LIBERTY PROPERTIES, INC. (Exact name of Registrant as specified in charter)

001-09279

(Commission file No.)

13-3147497

(IRS Employer I.D. No.)

Maryland

(State or other jurisdiction of

incorporation)		
60 Cutter Mill Road, Suite 303, Great Neck, New York	11021	
(Address of principal executive offices)	(Zip code)	
Registrant's telephone number, incl	luding area code: 516-466-3100	
the appropriate box below if the Form 8-K filing is intended to simultanessions (see General Instruction A.2. below):	eously satisfy the filing obligation of the re	gistrant under any of the following
Written communications pursuant to Rule 425 under the Securities Act (17 G	CFR 230.425)	
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR	2 240.14a-12)	
Pre-commencement communications pursuant to Rule 14d-2(b) under the Ex	xchange Act (17 CFR 240.14d-2(b))	
Pre-commencement communications pursuant to Rule 13e-4(c) under the Ex	schange Act (17 CFR 240.13e-4(c))	

Item 2.02 Results of Operations and Financial Condition.

On March 14, 2012, we issued a press release announcing, among other things, the results of operations for the quarter and year ended December 31, 2011. The press release is attached as an exhibit to this Current Report on Form 8-K. This information and the exhibit attached hereto are being furnished pursuant to Item 2.02 of Form 8-K and are not to be considered "filed" under the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be incorporated by reference into any previous or future filing by registrant under the Securities Act of 1933, as amended, or the Exchange Act.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits.
 - 99.1 Press release dated March 14, 2012

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 14, 2012

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish

David W. Kalish Senior Vice President and Chief Financial Officer



ONE LIBERTY PROPERTIES, INC. REPORTS FOURTH QUARTER AND FULL YEAR 2011 RESULTS

~ Generated FFO of \$0.39 per Diluted Share For Fourth Quarter 2011 ~ ~ Grew Rental Income 12.5% Quarter Over Quarter ~ ~ Acquired Six Properties in 2011 for \$28.0 Million ~

GREAT NECK, New York, March 14, 2012 — One Liberty Properties, Inc. (NYSE: OLP), an owner of a geographically diversified portfolio of retail, industrial, office and other properties primarily under long term leases in the United States, today announced operating results for the quarter and year ended December 31, 2011.

Patrick J. Callan, Jr., President and Chief Executive Officer of One Liberty commented, "During 2011, we continued to build on our 2010 success in growing and improving our portfolio through select acquisitions and dispositions. In 2011, we acquired six properties and sold one, using our network of relationships to secure additional properties that will contribute to our growth in the coming years. We ended the year with occupancy at 97.6% which supports strong cash flow. As we enter 2012, One Liberty is well positioned to balance additional acquisitions and solid occupancy with select divestitures to further enhance cash flow in our efforts to drive increased value for our stockholders."

Operating Results:

Total revenues for the three months ended December 31, 2011 increased 12.5% to \$11.7 million, compared to \$10.4 million for the three months ended December 31, 2010. Revenues benefited from the contribution of the Company's 2010 and 2011 acquisitions.

Income from continuing operations in the fourth quarter of 2011 increased 107% to \$3.1 million, or \$0.21 per diluted share, compared to \$1.5 million, or \$0.12, per diluted share in the fourth quarter of 2010. Contributing to the improvement was the increase in revenues and the \$493,000 decrease in interest expense. Interest expense decreased primarily as a result of the decrease in mortgage interest expense and, to a lesser extent, the decrease in the Company's outstanding credit line balance.

The Company generated Funds from Operations ("FFO") of \$5.7 million, or \$0.39 per diluted share, for the quarter ended December 31, 2011, as compared to \$4.1 million or \$0.35 per diluted share in the corresponding period of the prior year. A reconciliation of GAAP amounts to non-GAAP amounts is presented with the financial information included later in this release.

The per share results for the three and twelve months ended December 31, 2011 take into account the issuance of shares issued under One Liberty's dividend reinvestment program and 2.7 million shares in the Company's February 2011 public offering. The Company used a portion of the approximately \$40.6 million of net proceeds it received from the offering to reduce the outstanding credit line balance and payoff certain mortgages bearing high interest rates.



Full Year 2011 Operating Results:

Total revenues increased 10.2% to \$45.2 million compared to \$41 million for 2010. Revenues increased due to the impact of acquisitions.

Income from continuing operations increased 52.8% to \$12.5 million, or \$0.87 per diluted share, compared to \$8.2 million, or \$0.71 per diluted share, in 2010. Contributing to the improvement were the increased revenues, a \$1.2 million gain on settlement of debt and a \$899,000 decrease in interest expense. Interest expense decreased due primarily to the reduction in the outstanding credit line balance and to a lesser extent reduced mortgage interest expense.

Net income attributable to One Liberty was \$13.7 million, or \$0.96 per diluted share in 2011, compared to \$9.3 million, or \$0.81 per diluted share in 2010.

FFO for 2011 was \$22.8 million, or \$1.61 per diluted share, compared to 2010 FFO of \$18.2 million, or \$1.58 per diluted share.

Balance Sheet:

At December 31, 2011, the Company had \$12.7 million of cash and cash equivalents, total assets of \$460.7 million, total debt of \$225.8 million (including \$20 million outstanding on the credit line) and total equity of \$218.9 million.

Subsequent Events:

In February 2012, the Company entered into a joint venture with an affiliate of Trammell Crow Company with respect to a property we acquired in 2003. The venture contemplates redeveloping the property, which is located on a 6.2 acre site in Plano, Texas, into up to two Class A office buildings. The redevelopment of this property is subject to, among other things, obtaining the necessary equity and debt financing, sufficient tenant commitments and requisite third party approvals. The property is currently leased by the venture to a retail tenant on a short term lease.

In March 2012, we acquired three Applebee's restaurant locations in the Atlanta, Georgia area for approximately \$8.6 million. The properties are subject to individual long term net leases and the annual base rent with respect thereto is approximately \$664,000.

Non-GAAP Financial Measures:

One Liberty believes that Funds from Operations ("FFO") is a widely recognized and appropriate measure of the performance of an equity REIT. One Liberty presents FFO because it considers FFO to be an important supplemental measure of One Liberty's operating performance. One Liberty believes FFO is frequently used by securities analysts, investors and other interested parties in the evaluation of REITs, many of which present FFO when reporting their results. FFO is intended to exclude generally accepted accounting principles ("GAAP") historical cost depreciation and amortization of real estate and related assets, which assumes that the value of real estate diminishes ratably over time. Historically, however, real estate values have risen or fallen with market conditions. As a result, FFO provides a performance measure that, when compared year over year, reflects the impact to operations from trends in occupancy rates, rental rates, operating costs, development activities, interest costs and other matters without the inclusion of depreciation and amortization, providing perspective that may not necessarily be apparent from net income.



One Liberty has determined FFO in accordance with standards established by the National Association of Real Estate Investment Trusts, Inc. ("NAREIT"). FFO is defined by NAREIT as net income (or loss) computed in accordance with GAAP, excluding gains (or losses) from sales of property, plus real estate depreciation and amortization, plus impairment write-downs of depreciable real estate and after adjustments for unconsolidated partnerships and joint ventures. FFO does not represent cash generated from operating activities in accordance with GAAP and is not indicative of cash available to fund cash needs. FFO should not be considered as an alternative to net income as an indicator of our operating performance or as an alternative to cash flow as a measure of liquidity. Management believes this is appropriate and relevant to securities analysts, investors and other interested parties and may not be comparable to similarly titled measures as reported by others.

Forward Looking Statement

Certain information contained in this press release, together with other statements and information publicly disseminated by One Liberty Properties, Inc. is forward looking within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities and Exchange Act of 1934, as amended. We intend such forward looking statements to be covered by the safe harbor provision for forward looking statements contained in the Private Securities Litigation Reform Act of 1995 and include this statement for the purpose of complying with these safe harbor provisions. Information regarding certain important factors that could cause actual outcomes or other events to differ materially from any such forward looking statements appear in the Company's Annual Report on Form 10-K for the year ended December 31, 2011 and in particular "Item 1A. Risk Factors" included therein. You should not rely on forward looking statements since they involve known and unknown risks, uncertainties and other factors which are, in some cases, beyond our control and which could materially affect actual results, performance or achievements.

About One Liberty Properties:

One Liberty is a self-administered and self-managed real estate investment trust incorporated in Maryland in 1982. The primary business of the Company is to acquire, own and manage a geographically diversified portfolio of retail, industrial, office and other properties under long term leases. Substantially all of our leases are "net leases", under which the tenant is responsible for real estate taxes, insurance and ordinary maintenance and repairs.

Contact:

One Liberty Properties Investor Relations Phone: (516) 466-3100 www.onelibertyproperties.com



ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

		Three Months Ended December 31, 2011 2010				Year Ended December 31, 2011 2010			
Revenues:		2011		2010	_	2011		2010	
Rental income, net - Note 1	\$	11,746	\$	10,438	\$	45,240	\$	40,984	
Operating expenses:									
Depreciation and amortization		2,528		2,343		9,599		8,657	
General and administrative		1,710		1,529		7,017		6,341	
Real estate acquisition costs		37		273		213		1,010	
Real estate expenses		697		782		2,604		2,143	
Leasehold rent		77		77		308		308	
Total operating expenses		5,049		5,004		19,741		18,459	
Operating income		6,697		5,434		25,499		22,525	
operating meonic		0,077		3,434		25,477		22,323	
Other income and expenses:									
Equity in earnings of unconsolidated joint ventures		110		93		350		446	
Gain on disposition of real estate held by									
unconsolidated joint venture		-		-		-		107	
Gain on settlement of debt		-		-		1,240		-	
Other (loss) income		(97)		42		(35)		308	
Interest:		(2.112)				(10.000			
Expense		(3,442)		(3,935)		(13,675)		(14,574)	
Amortization of deferred financing costs	<u> </u>	(187)		(174)		(868)		(626)	
Income from continuing operations		3,081		1,460		12,511		8,186	
Income from discontinued operations		_		180		277		885	
Net gain on sales		-		-		932		235	
Income from discontinued operations - Note 2		-		180		1,209		1,120	
Net income		3,081		1,640		13,720		9,306	
Plus net loss attributable to non-controlling interest		3,081		1,040		15,720			
Figs het loss attributable to hon-controlling interest		4		<u>-</u>		4		-	
Net income attributable to One Liberty Properties, Inc.	\$	3,085	\$	1,640	\$	13,724	\$	9,306	
Net income per common share - diluted:									
Income from continuing operations	\$	0.21	\$	0.12	\$	0.87	\$	0.71	
Income from discontinued operations	Ψ	0.21	Ψ	0.02	Ψ	0.09	Ψ	0.10	
Net income per common share - diluted	\$	0.21	\$	0.14	\$	0.96	\$	0.81	
Funds from operations Note 2	\$	5,710	\$	4,103	\$	22,825	¢	18,160	
Funds from operations - Note 3	<u>ş</u>	3,710	φ	4,103	ф	22,623	\$	16,100	
Funds from operations per common share-diluted - Note 4	\$	0.39	\$	0.35	\$	1.61	\$	1.58	
Weighted average number of common and									
unvested restricted shares outstanding:									
Basic		14,559		11,531		14,153		11,465	
Diluted		14,659		11,631		14,203		11,510	
			_						

Note 1 - Rental income includes straight line rent accruals and amortization of lease intangibles of \$428 and \$1,401 for the three months and year ended December 31, 2011 and \$(138) and \$1,141 for the three months and year ended December 31, 2010.

Note 2 - Income from discontinued operations includes straight line rent accruals and amortization of lease intangibles of \$ 0 and \$(4) for the three months and year ended December 31, 2011 and \$(2) and \$(6) for the three months and year ended December 31, 2010.



ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

	Three Months Ended December 31,				Year Ended December 31,			
	_	2011	_	2010	_	2011		2010
Note 3 - Funds from operations is summarized in the following table:								
Net income attributable to One Liberty Properties, Inc.	\$	3,085	\$	1,640	\$	13,724	\$	9,306
Add: depreciation of properties		2,507		2,367		9,588		8,829
Add: our share of depreciation in unconsolidated joint ventures		97		78		371		314
Add: amortization of capitalized leasing expenses		21		18		74		53
Deduct: net gain on sales of real estate		-		-		(932)		(235)
Deduct: our share of net gain on sale-unconsolidated joint venture		-		-				(107)
Funds from operations	\$	5,710	\$	4,103	\$	22,825	\$	18,160
Note 4 - Funds from operations per common share is summarized in the following table:								
Net income attributable to One Liberty Properties, Inc.	\$	0.21	\$	0.14	\$	0.96	\$	0.81
Add: depreciation of properties		0.17		0.20		0.68		0.77
Add: our share of depreciation in unconsolidated joint ventures		0.01		0.01		0.03		0.03
Add: amortization of capitalized leasing expenses		-		-		0.01		-
Deduct: net gain on sales of real estate		-		-		(0.07)		(0.02)
Deduct: our share of net gain on sale-unconsolidated joint venture		-		-		-		(0.01)
Funds from operations per common share-diluted	\$	0.39	\$	0.35	\$	1.61	\$	1.58



ONE LIBERTY PROPERTIES, INC. CONDENSED BALANCE SHEETS (Amounts in Thousands)

ASSETS	Dec	December 31, 2011		December 31, 2010	
Real estate investments, net	\$	412,611	\$	391,763	
Property held for sale (including related assets of \$808)	φ	412,011	φ	10,678	
Investment in unconsolidated joint ventures		5,093		4,777	
Cash and cash equivalents		12,668		7,732	
Available for sale securities		396		422	
Unbilled rent receivable		12,567		11,149	
Unamortized intangible lease assets		11,996		10,887	
Other assets		5,405		7,215	
Total assets	<u>e</u>		ø		
Total assets	<u>\$</u>	460,736	\$	444,623	
LIABILITIES AND EQUITY					
Liabilities:					
Mortgages payable	\$	205,849	\$	215,308	
Line of credit		20,000		36,200	
Unamortized intangible lease liabilities		5,166		4,982	
Other liabilities		10,774		8,950	
Total liabilities		241,789		265,440	
			-		
Total One Liberty Properties, Inc. stockholders' equity		218,285		179,183	
Non-controlling interest in joint venture		662		-	
Total equity		218,947		179,183	
Total liabilities and equity	\$	460,736	S	444,623	
Total matrimes and equity	φ	400,730	Ψ	777,023	
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